



ACTIVITY 1: WATER PLAY

AGE: Infants and Younger Toddlers

WHAT YOU'LL NEED:

- A shallow dish
- Water
- Household objects such as sponges, empty cups, and toys

PURPOSE

Babies and toddlers love to splash in water. They use all their senses to explore their environment during water play. This activity will help your child develop their sense of curiosity about their water world by using their senses. While water play can be a very fun activity for your infant or toddler, please be sure to supervise your child's play any time they are around water.

This activity relates to the Physical Science element of the **Science** domain of the VELs.

HERE'S WHAT YOU CAN DO!

1. When your baby is old enough to sit in a high chair offer them a small dish filled with water to explore with their hands. During winter, bring in snow and observe what happens.
2. For older children, you can add bubbles into the water for them to explore. During winter, break icicles and listen to the sound they make. Watch them drip on a warm winter day. Investigate how they change.



SWITCH IT UP!

Here are some different ways that you and your child can do this activity together.

- Encourage your child to play with different items in the bathtub such as toy cars, blocks, ivory soap and plastic dolls. Which objects float? Which items make the biggest splash?



